



Newsletter

20th April 2018



Our attendance target is 97%

**Up until this week
95%**

Dear Parents,

Welcome back and welcome to the sun and first signs that spring is really here! Please ensure that your child has a water bottle, sunhat or cap and that sun cream has been applied in the morning. If your child needs to apply more before lunchtime you will need to send in your own cream, named please. We will supervise the application but, as you can imagine, we cannot apply cream on every child. It may be a good opportunity to teach your child this weekend? Thank you.

On our INSET day on 16th April, Teaching Staff had training on 'Inspirational Teaching and Learning Strategies' and TAs had their First Aid at work training. We have also introduced the '10 a Day for Mental Health' fridge challenge (see below). The staff and children are encouraged to 'Notice and Name' when anyone is meeting one of their '10 a Day'. This is to promote everyone's mental **health** and wellbeing. I hope you will join in at home.

I'm looking forward to finding out some inventive ways to grow your £s at the 'Grow a £1 Market' next Friday. If you have already raised your money please send it in to Mrs Haysom. Thank you!

Please could you ensure that your child is supervised until 8:45am when an adult is on the door - we wouldn't want there to be an accident. If you are late you **must** accompany your child to the school and sign them in. Thank you for your understanding, it is for your children's safety.

The Otters are having their first day at Trill Farm today (they obviously ordered the sunshine) and swimming starts next week. Although music lessons have already started back, clubs are due to start again week commencing 30th April (apart from catch-up sessions carried forward from the Spring Term where families have been notified already). The new clubs list will be out on Monday. If you have some talents you would be willing to share with children, perhaps you are a keen artist, singer, cricketer, tennis player, netballer? Please let us know! We would love to be able to offer more after school clubs.

Due to last minute changes, there have been some changes to the dates in the diary including **Sports Day** and the **Maypole Celebrations**. We will **try** to keep these the same now. Sorry for any inconvenience caused.

Have a great weekend,

Clare Rinaldi

Swimming Lessons Otters

A reminder please remember swimming kits for Wednesday, Mrs Clark, Mrs Dare, and Ms Sutton will be accompanying the children to the pool. Please remember collection is at 3:15 pm from the pool.

Colyton Grammar Open Days - For Entry To Year 7 In September 2019

Schedule of Open Days for parents of prospective students, including a tour of the school and introduction to the 11+ test.

Open Week 30 April - 4 May 2018

DATE	TIME
Monday 30 April	10.00am talk then tour
Tuesday 1 May	2.30pm tour then talk
Wednesday 2 May	10.00am talk then tour
Thursday 3 May	10.00am talk then tour
Friday 4 May	2.30pm tour then talk
Thursday 12 July 2018	10.00am talk then tour
Thursday 6 September 2018	10.00am talk then tour

Please let Mrs Haysom know if you are taking your child to visit one of these days.

Uniform Orders

The next orders will be placed Wednesday 16th May 5pm for delivery in May. School uniform is available from School Trends please visit www.stparent.co.uk

School milk is available for ALL children

If your child is currently under 5, we're delighted to confirm that we have arranged for them to receive free milk at school, funded by the UK Government's Nursery Milk Scheme.

When your child turns 5 or if they are already over 5, you have the option to pay for their milk. We have made arrangements with the UK's leading school milk supplier, Cool Milk, to supply milk at a small subsidised daily cost.

What you need to do:

- ❖ Visit www.coolmilk.com as soon as possible and select "Register your child for milk", then follow the on-screen instructions to register and pay

OR

- ❖ Ask the school office for a registration form - send your completed form to Cool Milk, and they will send you a payment request.

A portion of fresh, chilled milk at mid-morning break provides protein, calcium and other vital nutrients, important for your child's growth and development. It's also a great way to bridge the gap between breakfast and lunch, re-hydrating your child and helping them to concentrate in class.

Please ignore this letter if your child is already registered for over 5's milk.

Should you have any queries regarding your child's registration or milk supply in general, please do not hesitate to contact Cool Milk directly on customerservices@coolmilk.com or call 0844 854 2913.

School Diary

Fri	20.4.18	Reception Trill Farm Day 1
Wed	25.4.18	Reception Swimming Lesson .1
Fri	27.4.18	Reception Trill Farm Day 2
Fri	27.4.18	Grow a £1 Market Day

May		
Wed	2.5.18	Class Photograph
Wed	2.5.18	Reception Swimming Lesson .2
Thurs	3.5.18	Devon Library Van Visit
Fri	4.5.18	Celebration Assembly in the church all welcome
Fri	4.5.18	Maypole Display
Fri	4.5.18	Reception Trill Farm Day 3
Wed	9.5.18	Reception Swimming Lesson .3
Mon- Thurs	14-17.5.18	SATs Week for Y6
Fri	11.5.18	Reception Trill Farm Day 4
Fri	11.5.18	Hedgehog Class Cricket skills
Wed	16.5.18	Reception Swimming Lesson .4
Thur	17.5.18	Outdoor Classroom Day
Fri	18.5.18	Reception Trill Farm Day 5
Sat	19.5.18	Grounds Day
Mon	21.5.18	Walk to School Week more info to follow
Wed	23.5.15	Reception Swimming Lesson .5
Wed	23.5.18	Yr 6 PE Academy (selected Students)
Fri	25.5.18	Non Pupil Day
Mon	28.5.18	Half term

June		
Mon	4.6.18	Non Pupil Day
Tue	5.6.18	Back to School
Fri	8.6.18	Celebration Assembly in the church - All Welcome
Tues	12.6.18	Musical Performance Axe Valley
Wed - Fri	13.6.18 – 15.6.18	Yr 5 & 6 Residential to Barton Hall
Tue	19.6.18	Move Make Motivate Part 3 (selected pupils)
Wed	20.6.18	Whole School Trip
Thurs	21.6.18	Whole School Transition Day
Wed	27.6.18	Sports Day (a change from the Events calendar)
Thurs	28.6.18	Devon Library Van Visit
Fri	29.6.18	International Mud Day

July		
Mon	2.7.18	Yr 6 Bikeability
Wed	4.7.18	Yr4 Play leader training
Thurs	5.7.18	Whole School Transition Day
Fri	6.7.18	Celebration Assembly in the church - All Welcome
Wed	11.7.18	Yr5 & 6 Festival Axe Valley
Thurs	12.7.18	Shoot for the Stars
Fri	13.7.18	Yr5 & 6 Sports Day at Seaton Primary
Tues	17.7.18	KS1 Transition Day and pic nic
Wed	18.7.18	Midsummer Night's Dream 2pm-3pm KS2 Production
Thurs	19.7.18	Midsummer Night's Dream 4pm-5pm KS2 Production
Fri	20.7.18	Summer Fair and Maypole Celebration
Thurs	26.7.18	Devon Library Van Visit
Fri	27.7.18	End of Summer Term
September		
Tues	5.9.18	Back to School

Tuesdays from 1st May 12.30-3pm for 6 consecutive weeks: suitable for parents of children from birth to thirteen year's old. Venue TBC – will be central Exeter.

FREE Hand in Hand Parenting Course in partnership with Devon Family Resource @ ECI

More information about Hand in Hand here: <https://www.handinhandparenting.org>

"This course is life-changing, I wish everyone would be able to do it!"

"Thanks so much for the course - I thought your experience really showed with the very specific insights you were able to offer, and I really learnt a lot from you."

Join Roma Norris to connect with other parents, work on the specific challenges you face in your family and gain guidance and support. During this 6 week course you will discover how to...

- **Make changes to the automatic parenting responses that aren't working for you and your child;**
- **Listen to your child so that they feel connected and valued;**
- **Understand your child's emotions and what they are really asking for when they cry, have tantrums or display challenging behaviours, and how you can effectively respond;**
- **Set clear, effective limits with warmth;**
- **Resolve your child's fears;**
- **Help an angry child become playful and compassionate;**
- **Work on any issues around sleep/food/separation/school/siblings/aggression and more.**

You will also receive a course manual, booklets and the whole course online, in video segments from our amazing Founder Patty Wipfler, which you get to keep for 6 months: a great way to consolidate your learning and share with your partner!

Contact Sanchia Hylton-Smith, Manager of Devon Family Resource at Exeter Community Initiatives to book:

sanchia.hyltonsmith@eci.org.uk

07966 993198





Talk about your feelings



Do something you enjoy and are good at



Keep yourself hydrated

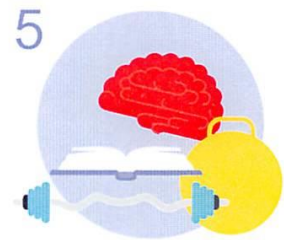


Eat well



Actively care for others

**‘10 A DAY’
CHOICES
TOWARDS
BALANCING OUR
MENTAL
HEALTH**



Keep active in mind and body



Be proud of your very being



Ask for help



Stay connected to those you care about



Take a break

IF YOU ARE A PARENT OR CARER

You can text your Health Visitor on

07520 631 721

We can help with all kinds of things like.....

CHILD HEALTH & MENTAL
DEVELOPMENT HEALTH
ADJUSTING TO SLEEP &
PARENTING FEEDING
ROUTINES
TOILETING CONTINENCE
FAMILY HEALTH

Text us for confidential advice & support

Unless you give permission, a health visitor will not pass on anything you say to anyone else except in extreme circumstances like if the health, safety or welfare of you or someone else is at significant risk. We hold information that you tell us on electronic records that can be seen by other healthcare professionals who all follow the same confidentiality rules.

