

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Foxes Years 1 &amp; 2</b>	<p><b>Fitness Y1</b> L1- Can I develop my understanding of how exercise makes me feel? L2- Can I develop my understanding of how exercise can make you strong and healthy? L3- Do I understand how exercise relates to breathing? L4- Can I develop my understanding of how exercise helps my brain? L5- Can I develop my understanding of how exercise helps my muscles? L6- Can I develop my understanding of the importance of daily exercise?</p> <p><b>Fundamentals Y2</b> L1- Can I explore how the body moves when running in different speeds? L2- Can I develop changing direction and dodging? L3- Can I develop balance, stability and landing safely? L4- Can I explore and develop jumping, hopping and skipping actions? L5- Can I develop coordination and combining jumps? L6- Can I develop</p>	<p><b>Gymnastics Y1</b> L1- Can I explore travelling movements? L2- Can I develop and combine travelling movements? L3- Can I develop quality when performing and linking shapes? L4- Can I develop quality when linking shapes? L5- Can I develop stability and control when performing balances? L6- Can I develop stability and control when performing?</p> <p><b>Ball Skills Y2</b> L1- Can I roll a ball to hit a target? L2- Can I stop a rolling ball? L3- Can I dribble a ball with my feet? L4- Can I kick a ball? L5- Can I develop my throwing and catching? L6- LQ: Can I dribble a ball with my hands?</p>	<p><b>Team building Y1</b> L1- Can I cooperate with a partner to complete challenges? L2- Can I explore and develop working as a team? L3- Can I develop talking, listening and sharing skills? L4- Can I use my speaking and listening skills to lead a partner? L5- Can I plan with a partner and small group to complete a challenge? L6- Can I use talking, listening and sharing skills to complete challenges?</p> <p><b>Sending and Receiving Y2</b> L1- Can I roll a ball towards a target? L2- Can I track and receive a rolling ball? L3- Can I send and receive a ball with my feet? L4- Can I develop catching skills? L5- Can I develop throwing and catching skills? L6- Can I send and receive a ball using a racket?</p>	<p><b>Dance Y2</b> L1- Can I remember, repeat and link actions to tell the story of my dance? L2- Can I develop an understanding of dynamics and how they can show an idea? L3- Can I use counts of 8 to help me stay in time to the music? L4- Can I copy, remember and repeat actions using facial expressions to show different characters? L5- Can I explore pathways and levels? L6- Can I remember and rehearse our circus dance showing expression and character?</p> <p><b>Yoga Y1</b> L1- Can I explore yoga and mindfulness? L2- Can I copy and remember poses? L3- Can I develop flexibility when holding poses? L4- Can I develop balance whilst holding a pose? L5- Can I create a yoga pose? L6- Can I create a yoga flow with a partner?</p>	<p><b>Athletics Y1</b> L1- Can I move at different speeds over varying distances? L2- Can I develop balance? L3- Can I change in direction quickly? L4- Can I hop, jump and leap for distance? L5- Can I develop throwing for distance? L6- Can I develop throwing for accuracy?</p> <p><b>Striking and Fielding Y2</b> L1- Can I track a rolling ball and collect it? L2- Can I develop underarm throwing and catching to field a ball? L3- Can I develop overarm throwing to limit a batter's score? L4- Can I develop hitting for distance to score more points? L5- Can I get a batter out? L6- Do I understand the rules of the game and use these to play fairly?</p>	<p><b>Target Games Y1</b> L1- Can I develop my underarm throwing towards a target? L2- Can I develop throwing accuracy? L3- Can I develop my underarm and overarm throwing at a target? L4- Can I develop throwing for accuracy and distance using underarm and overarm? L5- Can I select the correct throw for the targets? L6- Can I develop throwing accuracy and distance?</p> <p><b>Invasion Games Y1</b> L1- Do I understand the role of defenders and attackers? L2- Can I recognise who to pass to and why? L3- Can I move towards goal with the ball? L4- Can I support a teammate when playing in attack? L5- Can I move into a space showing an awareness of defenders? L6- Can I stay with a player when defending?</p>

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	combination jumping and skipping in an individual rope?					
<b>Foxes Years 1 &amp; 2</b>	<p><b>Fitness Y2:</b> L1- Can I learn how to run for a long time? L2- Can I develop jumping in a long rope using timing? L3- Can I develop co-ordination in individual skipping? L4- Can I develop stamina and change of direction? L5- Can I explore exercises to develop strength? L6- Can I develop agility, balance and co-ordination?</p> <p><b>Fundamentals Y1:</b> L1- Can I explore balance, stability and landing safely? L2- Can I explore how the body moves differently when running at different speeds? L3- Can I explore changing direction and dodging? L4- Can I explore jumping, hopping and skipping actions? L5- Can I explore coordination and combination jumps? L6- Can I explore combination jumping and</p>	<p><b>Gymnastics Y2:</b> L1- Can I perform gymnastic shapes and link them together? L2- Can I perform gymnastic shapes with control and link them together? L3- Can I use shapes to create balances? L4- Can I link travelling actions and balances using apparatus? L5- Can I develop travelling actions and balances using apparatus? L6- Can I demonstrate different shapes, take-off and landing when performing jumps?</p> <p><b>Ball Skills Y1:</b> L1: Can I develop dribbling a ball with my hands? L2: Can I explore accuracy when rolling a ball? L3: Can I explore throwing with accuracy towards a target? L4: Can I catch a ball with two hands? L5: Can I explore dribbling a ball with my feet? L6: Can I explore tracking a</p>	<p><b>Team Building Y2:</b> L1- Can I follow instruction and work with others? L2- Can I cooperate and communicate in a small group to solve challenges? L3- Can I create a plan with a group to solve the challenges? L4- Can I communicate effectively and develop trust? L5- Can I use teamwork skills to work as a group to solve problems? L6- Can I work with a group to copy and create a basic map?</p> <p><b>Sending and Receiving Y1:</b> L1- Can I develop rolling and throwing a ball towards a target? L2- Can I develop receiving a rolling ball and tracking skills? L3- Can I send and receive a ball with my feet? L4- Can I develop throwing and catching skills over a short distance? L5- Can I develop throwing and catching skills over a longer distance?</p>	<p><b>Dance Y1:</b> L1- Can I use a count of 8 to move in time? L2- Can I explore pathways in my dance? L3- Can I create my own dance using actions, pathways and counts? L4- Can I explore speeds and actions? L5- Can I copy, remember and repeat actions? L6- Can I copy, repeat, create and perform actions?</p> <p><b>Yoga Y2:</b> L1- Can I copy and repeat yoga poses? L2- Can I develop an awareness of strength when completing yoga poses? L3- Can I develop an awareness of flexibility when completing yoga poses? L4- Can I copy and remember actions linking them into a flow? L5- Can I create a flow, perform and teach it to a partner? L6- Can I explore poses and create a yoga flow?</p>	<p><b>Athletics Y2:</b> L1: Can I develop the sprinting action? L2: Can I develop jumping for distance? L3: Can I develop jumping for height? L4: Can I develop throwing for distance? L5: Can I develop throwing for accuracy? L6: Can I select and apply knowledge and techniques in an athletics carousel?</p> <p><b>Striking and Fielding Games Y1:</b> L1- Can I develop my underarm throwing and catching? L2- Can I develop my overarm throwing? L3- Can I develop hitting a ball? L4- Can I develop collecting a ball? L5- Can I learn how to get a batter out? L6- Can I play games and understand how to score points?</p>	<p><b>Net Wall Games Y1:</b> L1- Can I defend space using the ready position? L2- Can I play against an opponent and keep score? L3- Can I explore hitting with a racket? L4- Can I develop racket and ball skills? L5- Can I develop sending a ball using a racket? L6- Can I develop hitting over a net?</p> <p><b>Invasion Games Y2:</b> L1- Can I understand what being in possession means and support a teammate to do this? L2- Can I understand that scoring goals is an attacking skill and to explore ways to do this? L3- Can I understand that stopping goals is a defending skill and explore ways to do this? L4- Can I explore how to gain possession? L5- Can I mark an opponent and understand that this is a defending skill? L6- Can I apply simple tactics for attacking and defending?</p>

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	skipping in an individual rope?	ball that is coming towards me?	L6- Can I apply sending and receiving skills to small games?			
	<p>PEDPASS units are used in Key Stage 2</p> <p>The units are interspersed with fitness and aerobics programmes.</p> <p>Expectations of children of different ages are adapted within the teaching of each unit.</p>					
<p><b>Hedgehogs</b> Years 3 &amp; 4 Year A</p>	<p><b>Ball Skills Y3/4</b> L1: Assessment &amp; to develop dribbling skills with hands and feet L2: To develop tracking and catching skills L3: To develop tracking and throwing skills L4: To develop tracking and kicking skills L5: To track a ball that is not sent directly to me. L6: To apply sending and receiving skills in games &amp; assessment</p> <p><b>Netball Y3/4</b> L1: Assessment &amp; develop passing and moving and play within footwork rule. L2: To use a variety of passes to move towards goal. L3: To develop movement skills to lose a defender. L4: To defend an opponent and try and win the ball. L5: To develop the shooting action. L6: To apply skills and knowledge</p>	<p><b>Gymnastics Y3/4</b> L1: Assessment &amp; to be able to create interesting point and patch balances. L2: To develop point and patch balances on apparatus. L3: To develop stepping into shape jumps with control. L4: To develop stepping into shape jumps using apparatus. L5: To develop the straight, barrel, and forward roll. L6: To include rolls in sequence work using apparatus. L7: To be able to transition smoothly into and out of balances. L8: To be able to transition smoothly in and out of balances using apparatus. L9: To create a sequence with matching and contrasting actions and shapes.</p>	<p><b>Dance Y3</b> L1 THEME: Machines To create actions in response to a stimulus and move in unison with a partner. L2 THEME: Machines To create actions to move in contact with a partner or interact with a partner. L3 THEME: Machines To select and link appropriate actions and dynamics to show our dance idea. L4 THEME: A Trip to... To remember, repeat and create actions to represent an idea. L5 THEME: A Trip to... To share ideas of actions and dynamics to create a dance that shows a location. L6 THEME: A Trip to... To use choreographing ideas to develop our dance. L7 THEME: Country and</p>	<p><b>Yoga Y3/4</b> L1: Assessment. To explore poses that challenge my balance. L2: To create a flow using poses that challenge my balance. L3: To explore poses that challenge my flexibility. L4: To create a flow using poses that challenge my flexibility. L5: To explore poses that challenge my strength. L6: To create a flow using poses that challenge my strength. Assessment</p> <p><b>Handball Y3/4</b> L1: Assessment. To begin to throw and catch while on the move. L2: To move towards goal or away from a defender. L3: To move towards goal to create shooting opportunities. L4: To use defending skills to delay an opponent and</p>	<p><b>OAA Y3/4</b> L1: Assessment. To develop co-operation and teamwork skills. L2: To develop trust and teamwork. L3: To involve all team members to work towards a shared goal. L4: To develop trust whilst listening to others and following instructions. L5: To be able to identify objects, draw and follow a simple map. L6: To draw a route using directions, orientate a map and navigate around a grid. Assessment.</p> <p><b>Cricket Y3/4 (Possible Chance to Shine coach)</b> L1: Assessment. To learn how to score points in a striking and fielding game. L2: To develop batting to score points. L3: To develop fielding</p>	<p><b>Athletics Y3/4</b> L1: Assessment. To develop stamina and an understanding of speed and pace in relation to distance. L2: To develop power and speed in the sprinting technique. L3: To develop technique when jumping for distance. L4: To develop power and technique when throwing for distance. L5: To develop a pull throw for distance and accuracy. L6: To develop officiating and performing skills. Assessment.</p> <p><b>Tennis Y3/4</b> L1: Assessment. To develop racket and ball control. L2: To develop returning the ball using a forehand</p>

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	<p>to play games using netball rules. Assessment</p>	<p>L10: To create a sequence on apparatus using matching and contrasting. L11: To create a partner sequence using the skills I have learnt and including a hoop. L12: To create a partner sequence using the skills that I have learnt and apparatus.</p> <p><b>Hockey Y3/4</b> L1: Assessment. To develop sending and receiving the ball with accuracy and control. L2: To develop the attacking skill of dribbling. L3: To develop dribbling to beat a defender. L4: To use defending skills to delay an opponent and gain possession. L5: To apply attacking skills to move towards goal and find space. L6: To apply skills and knowledge to compete in a tournament. Assessment.</p>	<p>Western To use straight pathways and clear changes in direction in a line dance. L8 THEME: Country and Western To use canon and unison to make our line dance look interesting. L9 THEME: Country and Western To use formations, canon and unison to make our line dance look interesting. L10 THEME: Superpowers To remember, repeat and create actions around a theme. L11 THEME: Superpowers To understand and use formations. L12 THEME: Superpowers To structure a dance to represent a theme.</p> <p><b>Tag Rugby Y3/4</b> L1: Assessment. To develop throwing, catching and running with the ball. L2: To develop an understanding of how to defend using tagging rules. L3: To begin to use the 'forward pass' and 'offside' rule. L4: To develop movement skills to dodge a defender. L5: To track an opponent and begin to defend as a</p>	<p>gain possession. L5: To use a change of direction and speed to lose a defender and move into space. L6: To apply skills and knowledge to compete in game situations. Assessment.</p>	<p>skills to limit the batter's score. L4: To understand the role of a bowler. L5: To develop my understanding of tactics and begin to use them. L6: To apply skills and knowledge to play games using cricket rules. Assessment.</p>	<p>and understand when to use it. L3: To develop the backhand and understand when to use it. L4: To keep a continuous rally going showing increased technique. L5: To use and apply rules and simple tactics. L6: To understand and use rules to manage a game. Assessment.</p>
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			<p>team.</p> <p>L6: To apply the rules and skills you have learnt and play in a tag rugby tournament. Assessment</p>			
<p><b>Hedgehogs</b> <b>Years</b> <b>3 &amp; 4</b> <b>Year B</b></p>	<p><b>Fundamentals Y3/4</b> L1: Assessment. To develop balancing and understand the importance of this skill. L2: To develop technique when running at different speeds. L3: To develop agility using a change of speed and direction. L4: To develop technique and control when jumping, hopping and landing. L5: To develop skipping with a rope. L6: To apply fundamental skills to a variety of challenges. Assessment.</p> <p><b>Netball Y3/4</b> L1: Assessment &amp; develop passing and moving and play within footwork rule. L2: To use a variety of passes to move towards goal. L3: To develop movement skills to lose a defender. L4: To defend an opponent and try and win the ball. L5: To develop the shooting action. L6: To apply skills and knowledge to play games using netball rules. Assessment</p>	<p><b>Gymnastics Y3/4</b> L1: Assessment. To develop individual and partner balances. L2: To develop individual and partner balances using apparatus. L3: To develop control in performing and landing rotation jumps. L4: To develop rotation jumps and sequence building using apparatus . L5: To develop the straight, barrel, forward and straddle roll. L6: To assess my straight, barrel, forward and straddle roll. L7: To link actions that flow using the rolls I have learnt. L8: To link actions that flow in a partner sequence using the rolls I have learnt. L9: To develop strength in inverted movements. L10: To develop strength in inverted movements. L11: To create a great partner sequence to include the skills I have learnt and apparatus.</p>	<p><b>Dance Y3/4</b> L1 THEME: The Spy To copy and create actions in response to an idea and be able to adapt this using changes of space. L2 THEME: The Spy To choose actions which relate to the theme. L3 THEME: The Spy To develop a dance using matching and mirroring. L4 THEME: Carnival To learn and create dance moves in the theme of carnival. L5 THEME: Carnival To develop a carnival dance using formations, canon and unison. L6 THEME: Carnival To develop a dance phrase and perform as part of a class performance. L7 THEME: States of Matter To understand how dynamics, space and relationships can be used to represent a state of matter. L8 THEME: States of Matter</p>	<p><b>Yoga Y3/4</b> L1: To explore connecting breath and movement. L2: To explore new yoga poses and begin to connect them. L3: To explore gratitude when remembering and repeating a yoga flow. L4: To develop flexibility and strength in a positive summer flow. L5: To develop flexibility and wellbeing in an individual yoga flow. L6: To develop confidence and strength through arm balances.</p> <p><b>Handball Y3/4</b> L1: Assessment. To begin to throw and catch while on the move. L2: To move towards goal or away from a defender. L3: To move towards goal to create shooting opportunities. L4: To use defending skills to delay an opponent and gain possession. L5: To use a change of direction and speed to</p>	<p><b>OAA Y3/4</b> L1: To develop co-operation and teamwork skills. L2: To orientate a map and navigate around a grid. L3: To develop observational skills, listening to others and following instructions. L4: To develop trust whilst listening to others and following instructions. L5: To be able to identify, draw and follow a simple map. L6: To be able to orientate and navigate around a map and draw a route using directions.</p> <p><b>Cricket Y3/4</b> L1: Assessment. To learn how to score points in a striking and fielding game. L2: To develop batting to score points. L3: To develop fielding skills to limit the batter's score. L4: To understand the role of a bowler. L5: To develop my understanding of tactics</p>	<p><b>Athletics Y3/4</b> L1: Assessment. To develop the sprinting technique and improve on your personal best. L2: To develop changeover technique in relay events. L3: To develop jumping technique in a range of approaches and take off positions. L4: To develop throwing for distance and accuracy. L5: To develop throwing for distance in a pull throw. L6: To develop officiating and performing skills. Assessment.</p> <p><b>Tennis Y3/4</b> L1: Assessment. To develop racket and ball control. L2: To explore rallying using a forehand. L3: To explore returning the ball using a forehand. L4: To explore returning the ball using a backhand. L5: To learn how to score and use simple rules. L6: To work co-operatively with others to begin to</p>

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		<p>L12: To create a great partner sequence to include the skills I have learnt and apparatus.</p> <p><b>Hockey Y3/4</b>  L1: Assessment. To develop sending and receiving the ball with accuracy and control.  L2: To develop the attacking skill of dribbling.  L3: To develop dribbling to beat a defender.  L4: To use defending skills to delay an opponent and gain possession.  L5: To apply attacking skills to move towards goal and find space.  L6: To apply skills and knowledge to compete in a tournament.  Assessment.</p>	<p>To use actions, dynamics, space and relationships to represent a state of matter.  L9 THEME: States of Matter  To order and structure phrases to create a dance performance.  L10 THEME: The Twist  To copy and repeat a set phrase in a 1960s style showing energy and rhythm.  L11 THEME: The Twist  To learn and perform a partner dance in a 1960s style.  L12 THEME: The Twist  To develop my own 1960s inspired dance using changes in relationships</p> <p><b>Tag Rugby Y3/4</b>  L1: Assessment. To develop throwing, catching and running with the ball.  L2: To develop an understanding of how to defend using tagging rules.  L3: To begin to use the 'forward pass' and 'offside' rule.  L4: To develop movement skills to dodge a defender.  L5: To track an opponent and begin to defend as a team.</p>	<p>lose a defender and move into space.  L6: To apply skills and knowledge to compete in game situations.  Assessment.</p>	<p>and begin to use them.L6:  To apply skills and knowledge to play games using cricket rules.  Assessment.</p>	<p>manage a game.  Assessment.</p>
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			L6: To apply the rules and skills you have learnt and play in a tag rugby tournament. Assessment			
<b>Badgers Years 5 &amp; 6 Year A</b>	<p><b>Basketball Y5/6</b> L1: To dribble with control under pressure. L2: To move into and create space to support a teammate. L3: To choose when to pass and when to dribble. 4: To use the appropriate defensive technique for the situation. L5: To develop shooting technique and make decisions about when to pass, dribble or shoot. L6: To apply principles, rules and tactics to a tournament.</p> <p><b>Hockey Y5/6</b> L1: To develop dribbling to beat a defender. L2: To send and receive the ball with control under pressure. L3: To select the appropriate skill, choosing when to pass and when to dribble. L4: To move into and create space to support a teammate. L5: To use the appropriate defensive technique for the situation. L6: To apply rules, skills and principles to play in a tournament.</p>	<p><b>Dance Y5/6</b> L1 THEME: Dance by Chance To create a dance using a random structure and perform the actions showing quality and control. L2 THEME: Dance by Chance To understand how changing dynamics changes the appearance of the performance. L3 THEME: Dance by Chance To understand and use relationships and space to change how a performance looks. L4 THEME: Rock 'n' Roll To copy and repeat movements in the style of rock 'n' roll. L5 THEME: Rock 'n' Roll To work with a partner to copy and repeat actions in time with the music. L6 THEME: Rock 'n' Roll To work collaboratively with a group to choreograph a dance in the style of Rock 'n' Roll. L7 THEME: Ancient Maya To develop set</p>	<p><b>Fitness Y5/6</b> L1: To understand how speed helps me in other activities and apply this. L2: To understand how strength helps me in other activities and apply this L3: To understand how agility helps me in other activities and apply this. L4: To understand how balance helps me in other activities and apply this. L5: To understand how co-ordination helps me in other activities and apply this. L6: To understand how stamina helps me in other activities and apply this.</p> <p><b>Gymnastics Y5/6</b> L1: To perform symmetrical and asymmetrical balances. L2: To perform interesting symmetrical and asymmetrical balances L3: To develop the straight, forward, straddle and backward roll. L4: To develop the straight, forward, straddle and backwards roll into a sequence.</p>	<p><b>Dodgeball Y5/6</b> L1: To develop throwing skills and apply them appropriately to the situation. L2: To develop dodging skills and apply them appropriately to the situation. L3: To develop catching skills and apply them appropriately to the situation. L4: To develop blocking skills and apply them appropriately to the situation. L5: To understand the need for tactics and identify how to create and use them. L6: To apply rules, skills and tactics when playing in a tournament.</p> <p><b>Tag Rugby Y5/6</b> L1: To select the appropriate skill, choosing when to run and when to pass. L2: To move into space to support a teammate abiding by the rules. L3: To use defending skills</p>	<p><b>OAA Y5/6</b> L1: To develop communication and negotiation skills. L2: To develop strong communication and negotiation skills to solve challenges. L3: To develop planning and problem solving skills. L4: To share ideas and work as a team to solve problems. L5: To develop navigation skills and map reading. L6: To create and follow a key and route on a map.</p> <p><b>Cricket Y5/6</b> L1: To develop throwing and catching skills and apply them relevantly to the situation. L2: To develop bowling accuracy and perform the skill within the rules of the game. L3: To develop batting skills, identify when I am successful and what I need to do to improve. L4: To develop fielding techniques and begin to use these under some pressure.</p>	<p><b>Rounders Y5/6</b> L1: To develop throwing and catching skills and apply them relevantly to the situation. L2: To develop bowling accuracy and perform the skill within the rules of the game. L3: To develop batting skills, identify when I am successful and what I need to do to improve. L4: To develop fielding techniques and begin to use these under pressure. L5: To understand the need for tactics and identify when to use them. L6: To apply skills and knowledge to compete in a tournament. Using tactics identified</p> <p><b>Tennis Y5/6</b> L1: To return the ball using a forehand groundstroke under pressure. L2: To return the ball using a backhand groundstroke under pressure. L3: To use a variety of shots to keep a continuous rally going.</p>

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		<p>choreography inspired by a Mayan god. L8 THEME: Ancient Maya To choose actions to create a motif in a given character with consideration of dynamics, space and relationships. L9 THEME: Ancient Maya To use structure to choreograph a dance performance. L10 THEME: Chinese Dance To use matching, canon and unison in the style of the lion dance. L11 THEME: Chinese Dance To use space and relationships to create a dragon dance. L12 THEME: Chinese Dance To select and combine dance tools to choreograph and perform a Chinese dance.</p> <p><b>Yoga Y5/6</b> L1: To understand how breath can help me to hold and move from pose to pose. L2: To identify and use balance when exploring poses and creating a flow.</p>	<p>L5: To explore different travelling actions using both canon and synchronisation. L6: To explore different methods of travelling, linking actions in both canon and synchronisation. L7: To perform progressions of inverted movements. L8: To perform progressions of inverted movements. L9: To explore matching and mirroring in sequence work. L10: To explore matching and mirroring using actions both on the floor and on apparatus. L11: To create a partner sequence using apparatus. L12: To create a group sequence using apparatus.</p>	<p>to gain possession. L4: To work as a defending unit to prevent attackers from scoring. L5: To use a variety of attacking skills to beat a defender. L6: To apply rules, skills and tactics learnt to play in a tag rugby tournament.</p>	<p>L5: To understand the need for tactics and identify when to use them. L6: To apply skills and knowledge to compete in a tournament. Using tactics identified throughout the unit.</p>	<p>L4: To develop the underarm serve and understand the rules of serving. L5: To develop the volley and understand when to use it. L6: To apply rules, skills and principles to play against an opponent.</p>
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		<p>L3: To identify and use flexibility when exploring poses and creating a flow.</p> <p>L4: To identify and use strength when exploring poses and creating a flow.</p> <p>L5: To create and refine a flow with a partner.</p> <p>L6: To lead others through our flow.</p>				
<p><b>Badgers</b> <b>Years</b> <b>5 &amp; 6</b> <b>Year B</b></p>	<p><b>Netball Y5/6</b> L1: To develop passing and moving to maintain possession. L2: To use a variety of attacking skills to lose a defender. L3: To move into and create space to support a teammate. L4: To use defending skills to gain possession. L5: To develop accuracy in the shooting action under pressure. L6: To use and apply skills, principles and tactics to a game situation.</p> <p><b>Football Y5/6</b> L1: To maintain possession when dribbling. L2: To dribble with control under pressure. L3: To select the appropriate skill, choosing when to pass and when to dribble. L4: To move into and create space to support a teammate. L5: To use the appropriate defensive technique for the situation.</p>	<p><b>Dance Y5/6</b> L1 THEME: Stamp, Clap To copy and repeat a dance phrase showing confidence in movements. L2 THEME: Stamp, Clap To work with others to explore and develop the dance idea. L3 THEME: Stamp, Clap To use changes in dynamics in response to the stimulus. L4 THEME: Bhangra To demonstrate a sense of rhythm and energy when performing bhangra style motifs. L5 THEME: Bhangra To perform a bhangra dance, showing an awareness of timing, formations and direction. L6 THEME: Bhangra To select, order, structure and perform movements in a bhangra style,</p>	<p><b>Gymnastics Y5/6</b> L1: To develop the straddle, forward and backward roll. L2: To develop rolling into sequence work and on apparatus. L3: To develop counter balance and counter tension. L4: To develop counter balance and counter tension into sequence work with apparatus. L5: To develop jumps and explore the effect of height. L6: To explore jump sequence work with consideration of performance tools. L7: To develop inverted movements with control. L8: To develop inverted movements with control. L9: To use flight from hands to travel over apparatus.</p>	<p><b>Dance Y5/6</b> <b>Tag Rugby Y5/6</b> L1: To select the appropriate skill, choosing when to run and when to pass. L2: To move into space to support a teammate abiding by the rules. L3: To use defending skills to gain possession. L4: To work as a defending unit to prevent attackers from scoring. L5: To use a variety of attacking skills to beat a defender. L6: To apply rules, skills and tactics learnt to play in a tag rugby tournament.</p>	<p><b>Cricket Y5/6</b> L1: To develop throwing and catching under pressure and apply these to a striking and fielding game. L2: To develop bowling under pressure whilst abiding by the rules of the game. L3: To strike a bowled ball with increasing consistency. L4: To develop fielding techniques and select the appropriate action for the situation. L5: To understand and apply tactics in a game. L6: To apply skills and knowledge to compete in a tournament.</p> <p><b>OAA Y5/6</b> L1: To build communication and trust whilst showing an awareness of safety.</p>	<p><b>Rounders Y5/6</b> L1: To develop throwing and catching under pressure and apply these to a striking and fielding game. L2: To develop bowling under pressure whilst abiding by the rules of the game. L3: To strike a bowled ball with increasing consistency. L4: To develop fielding techniques and select the appropriate action for the situation. L5: To understand and apply tactics in a game. L6: To apply skills and knowledge to compete in a tournament.</p> <p><b>Athletics Y5/6</b> L1: To develop my own and others sprinting technique.</p>

## PE Subject Overview

	<p>L6: To apply rules, skills and principles to play in a tournament.</p>	<p>showing various group formations. L7 THEME: Waiting for... To develop a dance phrase using actions, dynamics, space and relationships. L8 THEME: Waiting for... To copy and create actions with consideration to stimulus. L9 THEME: Waiting for... To use choreographic devices to improve the aesthetics of a performance. L10 THEME: 70s Disco To copy and repeat a phrase of movement in the 1970s disco style. L11 THEME: 70s Disco To choreograph a freeze frame montage in the 1970s style. L12 THEME: 70s Disco To use feedback to develop and refine a 1970s dance performance.</p> <p><b>Yoga Y5/6</b> L1: To develop flexibility through the sun salutation flow. L2: To develop strength through yoga flows. L3: To create your own flow showing quality in control, balance and technique. L4: To develop balance through yoga flows.</p>	<p>L10: To use flight from hands to travel over apparatus. L11: To create a group sequence using formations and apparatus. L12: To create a contrasting group sequence using formations and apparatus.</p> <p><b>Fitness Y5/6</b> L1: To develop an awareness of what your body is able to do. L2: To develop speed and stamina. L3: To develop strength using my own body weight. L4: To develop co-ordination. L5: To develop agility. L6: To develop balancing with control.</p>		<p>L2: To collaborate as a team to solve problems. L3: To develop tactical planning and problem solving. L4: To work as a team and use critical thinking to determine the best approach. L5: To develop navigational skills and map reading. L6: To use a key to identify objects and locations.</p>	<p>L2: To identify a suitable pace for the event. L3: To develop power, control and technique for the triple jump. L4: To develop power, control and technique when throwing for distance. L5: To develop throwing with force and accuracy for longer distances. L6: To work collaboratively in a team to develop the officiating skills of measuring, timing and recording.</p>
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		<p>L5: To work collaboratively to create a controlled paired yoga flow.</p> <p>L6: To create your own yoga flow that challenges technique, balance and control.</p>				
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