PSHE

Our learning values

Perseverance	Respect	Empathy	Progress	Sharing
Shute pupils can present their ideas to others. They are aspirational in their learning. Shute pupils are self-motivated. They take risks.	Shute pupils take a pride in their learning. They listen to and value their peers.	They care about their work and others in the school. Shute pupils ask questions. They are reflective learners.	Shute pupils make connections in their learning. They can show their learning in different ways. They can build on and link their learning.	Shute pupils are collaborative. They share ideas and value the ideas of others. They can talk about their work to others.

Sex and relationship education	Drug, alcohol and tobacco education	Keeping safe and managing risk	Mental health and emotional wellbeing	Physical health and wellbeing	Careers financial capability Economic wellbeing	Identity, society and equality

At Shute Primary school, we believe it is vital to equip children with the tools to help them navigate through the challenges in life. By carefully following the excellent program of You, Me and PSHE, children are able to openly discuss, share and understand the issues which affect them and will continue to as they mature.

We also follow the Early Help 4 Mental Health program by promoting the 10 – a –day choices towards balancing our mental health. We react to events individually, locally and nationally supporting children with changes and events which could have an effect on their and their family's life. Using a range of materials from stories to films we help give children the language they need to express themselves and recognise their own feelings and how these can relate to different behaviours. This gives the children the tools to help understand themselves and others.

Sex and Relationships Education is taught as part of the PHSE curriculum and pupils are able to explore this learning about their own feelings and bodies, as well as understand the importance of healthy and appropriate relationships.